



ST. JOSEPH'S

COLLEGE OF ENGINEERING
AND TECHNOLOGY,
- PALAI -

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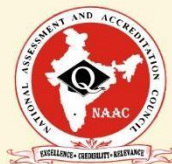
Cycle 1 - NAAC Accreditation 2023

Criterion – 7.2.1

Best Practice: Generic Skills and Professional Competencies for
Career and Life

Average number of sports and cultural programs in which
students of the Institution participated during last five years
(organized by the institution/other institutions)

Submitted to:



National Assessment and Accreditation Council

Criterion – 7.2.1

Best Practice: Generic Skills and Professional Competencies for
Career and Life

CONTENTS

2022-23			
List of Sports programs in which students of the Institution participated			
Sl. No.	Date of event/activity	Name of the event/activity	Number of students participated
1	24-11-2022	Kick Off - Football Carnival	An event for all students.
2	01-04-2023	200m race boys, Invictus 2022-23	18
		400m race boys, Invictus 2022-23	20
		800m race boys, Invictus 2022-23	20
		1500m race boys, Invictus 2022-23	20
		High jump boys, Invictus 2022-23	13
		Long jump boys, Invictus 2022-23	24
		Triple jump boys, Invictus 2022-23	14
		Discuss throw boys, Invictus 2022-23	23
		Shot put boys, Invictus 2022-23	26
		Javelin throw boys, Invictus 2022-23	23
		100m race girls, Invictus 2022-23	15
		200m race girls, Invictus 2022-23	8
		400m race girls, Invictus 2022-23	12
		High jump girls, Invictus 2022-23	6
		Long jump girls, Invictus 2022-23	9
		Discuss throw girls, Invictus 2022-23	15
		Shot put girls, Invictus 2022-23	14

		Javelin throw girls, Invictus 2022-23	10
3	30-03-2023 to 31-03-2023, 12-04-2023	Football-Boys, Invictus 2022-23	67
4	10-04-2023 to 11-04-2023	Basketball-Boys, Invictus 2022-23	29
5	14-03-2023, 18-04-2023	Volleyball-Boys, Invictus 2022-23	48
6	22-03-2023 to 25-03-2023	Cricket - Boys, Invictus 2022-23	62
7	13-04-2023	Badminton-Boys, Invictus 2022-23	5
		Badminton-Girls, Invictus 2022-23	4
8	27-03-2-23 to 28-03-2023	Dodgeball/throw ball-Girls, Invictus 2022-23	39
9	29-11-2022	C-Zone Intercollegiate men's badminton tournament	5
10	04-11-2022	C -Zone Intercollegiate men's basketball tournament	12
11	14-11-2022	C-Zone Intercollegiate men's volleyball tournament	12
12	07-12-2022	C-Zone Intercollegiate men's cricket tournament	16
13	19-12-2022	C-Zone Intercollegiate men's karate tournament	6
		C-Zone Intercollegiate women's karate tournament	1
14	05-12-2022 to 07-12-2022	C Zone Intercollegiate men's Football tournament	18
15	12-12-2022 to 15-12-2022	Interzone football tournament	18
16	19-12-2022	Boys Kunitie 84kg, Karate Championship-APJAKTU, MAC	1
		Boys Kunitie 50kg, Karate Championship-APJAKTU, MAC	1
17	17-01-2023 to 22-01-2023	All-India Inter-University Men's Karate Championship	1
18	25-04-2023	All-India Inter-University Soft Baseball Championship at Calicut University	1
19	06-04-2023	All-India Inter-University Soft Ball Championship	1
20	27-04-2023 to 29-04-2023	5th Inter College Athletic Meet 110 M Hurdles Gold Medal	1

	5th Inter College Athletic Meet Girls	2
	5th Inter College Athletic Meet Boys	8

2022-23			
List of Cultural programs in which students of the Institution participated			
Sl.No.	Date of event/activity	Name of the event/activity	Number of students participated
1	19-04-2023	Group Dance Boys, Sargam 2023	3
		Group Dance Girls, Sargam 2023	3
		Group Song, Sargam 2023	21
		Thiruvathira, Sargam 2023	29
		Mimicry, Sargam 2023	3
		Monoact, Sargam 2023	6
		Instrument-String, Sargam 2023	4
		Instrument-Percussion, Sargam 2023	3
		Instrument Keyboard, Sargam 2023	2
		Light Music Boys, Sargam 2023	8
		Light Music Girls, Sargam 2023	14
		Classical Music, Sargam 2023	3
2	20-04-2023	Oppana, Sargam 2023	40
		Nostalgia-Boys, Sargam 2023	56
		Nostalgia Girls, Sargam 2023	59
		Solo Music Boys - Malayalam, Sargam 2023	14
		Solo Music Girls - Malayalam, Sargam 2023	10
		Solo Music Girls - Hindi/Tamil, Sargam 2023	8
		Recitation Girls-Malayalam, Sargam 2023	7
		Recitation Girls-English, Sargam 2023	16
3	27-03-2023	Cartooning, Sargam 2023	3
		Poetry - Malayalam, Sargam 2023	3
4	28-03-2023	Pencil Drawing, Sargam 2023	4

		Poetry -English, Sargam 2023	3
5	29-03-2023	Painting - Watercolour, Sargam 2023	3
		Story - English, Sargam 2023	3
6	30-03-2023	Story - Malayalam, Sargam 2023	3
		Bottle Art, Sargam 2023	4
7	31-03-2023	Spot Photography, Sargam 2023	3
		Essay Writing Malayalam, Sargam 2023	3
8	01-04-2023	Essay Writing - English, Sargam 2023	3
9	03-04-2023	Debate- English, Sargam 2023	3
		Anthakshari, Sargam 2023	3
10	04-04-2023	Extempore-English, Sargam 2023	3
		Extempore - Malayalam, Sargam 2023	4
11	26-10-2022	Accelerobotics- TATHVA'22, NIT Calicut	1
12	17-10-2022 to 21-10-2022	Bulls & Bears (Mock Stocks Event), Tarang, NIT Calicut	2
13	31-03-2023	Sync Step, Nakshatra 2023, Saintgits College of Engineering, Kottayam	2
14	01-04-2023	E FOOTBALL'23 (PES), Nakshatra 2023, Saintgits College of Engineering, Kottayam	1
15	28-03-2023	Tarka National Debate Competition, School of Indian Legal Thoughts, Kottayam	2
16	24-03-2023	B-Plan Game, XIME Kochi	3
		Tomorrowland Game, XIME Kochi	3
17	25-03-2023	Best Manager, XIME Kochi	1
		Creative Dreamscape, XIME Kochi	3
18	15-03-2023	Best Management Team Competition, Kuriakose Gregorios College, Pampady	4
19	13-03-2023	Inter Collegiate Debate Competition, ARTHA fiesta 2K23, St. Stephen College, Uzhavoor	4
		Start up ideas, ARTHA fiesta 2K23, St. Stephen College, Uzhavoor	3
20	20-01-2023	Marketing Game, INCEPTRA 2023, RCMAS, Kakkanad	4
		Business Quiz, INCEPTRA 2023, RCMAS, Kakkanad	2

21	01-04-2023	VALORANT, Nakshatra 2023, Saintgits College of Engineering	1
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2021-22			
List of sports programs in which students of the Institution participated			
Sl.No.	Date of event/activity	Name of the event/activity	No. of the students participated
1	29-04-2022	100m Race [Men], Annual Athletic Meet 2021-22	3
		100m Race [Women], Annual Athletic Meet 2021-22	3
		200m Race [Men], Annual Athletic Meet 2021-22	3
		400m Race [Men], Annual Athletic Meet 2021-22	3
		400m Race [Women], Annual Athletic Meet 2021-22	3
		800m Race [Men], Annual Athletic Meet 2021-22	3
		4 x 100m Relay [Men], Annual Athletic Meet 2021-22	11
		4 x 100m Relay [Women], Annual Athletic Meet 2021-22	11
		4 x 200m Relay [Men], Annual Athletic Meet 2021-22	12
		4 x 200m Relay [Women], Annual Athletic Meet 2021-22	12
		Shortput [Men], Annual Athletic Meet 2021-22	12
		Shortput [Women], Annual Athletic Meet 2021-22	24
		Discuss Throw [Men], Annual Athletic Meet 2021-22	51
		Discuss Throw [Women], Annual Athletic Meet 2021-22	8
		High Jump [Women], Annual Athletic Meet 2021-22	4
		High Jump [Men], Annual Athletic Meet 2021-22	12
		Long Jump [Men], Annual Athletic Meet 2021-22	19
		Long Jump [Women], Annual Athletic Meet 2021-22	12
		Javelin Throw [Women], Annual Athletic Meet 2021-22	19

	Javelin Throw [Men], Annual Athletic Meet 2021-22	34
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2021-22			
List of Cultural programs in which students of the Institutions participated			
Sl.No.	Date of event/activity	Name of the event	No. of the students participated
1	18-04-2022	Cartooning, SARGAM 2022	18
		Malayalam Poetry, SARGAM 2022	36
		Story Writing [English], SARGAM 2022	36
2	19-04-2022	Poetry (English), SARGAM 2022	35
		Story Writing (Malayalam), SARGAM 2022	40
		Pencil Drawing, SARGAM 2022	34
3	20-04-2022	Painting watercolour, SARGAM 2022	20
		Debate (Malayalam), SARGAM 2022	20
		Extempore (English), SARGAM 2022	11
4	21-04-2022	Anthakshari, SARGAM 2022	20
		Debut (English), SARGAM 2022	20
		Extempore (Malayalam), SARGAM 2022	10
5	27-04-2022	Talent Show (Duet), SARGAM 2022	10
		Group Dance (Girls), SARGAM 2022	70
		Group Dance (Boys), SARGAM 2022	71
		Group Song, SARGAM 2022	29
		Nostalgia [Boys], SARGAM 2022	49
		Nostalgia [Girls], SARGAM 2022	62
		Mimicry, SARGAM 2022	3
		Monoact, SARGAM 2022	5
		Instrument, SARGAM 2022	11
		Light Music [Boys], SARGAM 2022	10
		Light Music [Girls], SARGAM 2022	11

		Classical Music, SARGAM 2022	5
6	28-04-2022	Thiruvathira, SARGAM 2022	37
		Solo Performance, SARGAM 2022	5
		SYNCHRONOUS Dance, SARGAM 2022	10
		Oppana, SARGAM 2022	17
		Solo music [Malayalam], SARGAM 2022	16
		Solo music [Tamil/Hindi], SARGAM 2022	15
		Solo music [English], SARGAM 2022	7
		Recitation [Malayalam], SARGAM 2022	21
		Recitation [English], SARGAM 2022	15
7	15-08-2021	Quiz competition, St. Thomas College Palai	1
8	15-08-2021	Online Quiz, KG College, Pampady	2
9	16-05-2021	Auto Quiz, SANSKRITI 2022, MA College of Engineering, Kotamangalam	7
10	05-06-2022	Conception, Aagneya 2022, Government Engineering College, Barton Hill, Trivandrum	2
11	03-01-2022	Technical Quiz, Madeckal Construction, Muvatupuzha	12
12	11-09-2021	Cluster Competition, IEEE Kochi Hub	1
13	24-08-2021	Tinker-Bali, 3D Designing Competition, IEEE, SJ CET Palai	1
14	05-06-2021	Nature Quiz - Nature Club SJ CET Palai	1
15	21-06-2021	Integrate and Encourage Yoga through Life, Ministry of Ayush	1
16	26-02-2021	PowerPoint Competition- Recent Innovation in Science, St. Josephs College for women, Alappuzha	1
17	02-10-2021 to 03-10-2021	18th State Mountain Cycling Championships 2021, Kerala Cycling Association	1
18	16-01-2022	Kottayam District Cycling Association	1
19	18-02-2022	February Miles Challenge, 255km, KCC Kerala	1
20	13-12-2021	Group Discussion -SAEINDAI Collegiate Club, SJ CET Palai	6
21	05-06-2022	Eco-Quiz 2022, SJHMCT Palai	12
22	02-10-2021	Workshop Participation Design	1

23	28-06-2022	NCC B Certificate	1
24	25-08-2021	LOGOIC Quiz Competition, College of Engineering, Kidangoor	4
25	26-08-2021	BEST MANAGER Competition, College of Engineering, Kidangoor	2
26	01-06-2022	Oral Cancer Awareness, APJAKTU NSS Cell	1
27	25-08-2021	LENS IT Quiz Competition, College of Engineering, Kidangoor	3
28	12-12-2021	Quiz Competition on Entrepreneurship, College of Engineering, Kidangoor	1
29	03-12-2021	Breast Cancer Awareness, APJAKTU Mahaguru Institute of Technology NSS	1
30	18-09-2021	Introduction to Video Editing using Premiere Pro, IEEE SB SJCTET Palai	1
31	30-09-2021	My personal and professional experience in the IT industry, IEEE SB SJCTET Palai	1
32	26-08-2021	Treasure Hunt by IEEE PES SJCTET Palai	1
33	22-10-2021 to 24-10-2021	GDG Dev Fest India 2021	2
34	11-01-2022 to 17-01-2022	Suraksha, APJAKTU NSS cell	1
35	26-08-2021	TROVE: Treasure Hunt, IEEE SB SJCTET Palai	1
36	21-11-2021	Quiz Competition, IEDC College of Engineering, Kidangoor	1
37	12-12-2021	Quiz competition on Entrepreneurship, IEDC College of Engineering, Kidangoor	1
38	12-10-2021	Ups N Downs, IEEE SB SJCTET Palai	1
39	19-09-2021	ROBO-CHATS: an interview session, IEEE SB SJCTET Palai	1
40	09-10-2021	Talaash - Answer lies within, Treasure Hunt, IEEE SB SJCTET Palai	1
41	20-10-2021	INOVA, Poster Design Competition, IEEE IAS MEA Engineering College	1
42	02-08-2021	QUASAR: Quiz Competition	1
43	02-08-2021	Google It Competition, College of Engineering, Kidangoor	1
44	31-10-2021 to 01-11-2021	SAMBHAV- e-national level awareness program, Ministry of micro, small and medium enterprises	1

45	20-10-2021	Future Digital India, Poster Designing competition, IEEE IAS, MEA College of Engineering, Perinthalmanna	1
46	02-08-2021	Guess the person Competition, IEDC College of Engineering, Kidangoor	1
47	02-10-2021	Workshop Participation "5 Skills Can Change Your Life", RIT School of Design Kottayam	2
48	08-03-2022	The Golden Talk DSC SJCET Palai	1
49	28-07-2022	Intern Shala Talks Icon Certificate	1
50	29-07-2021	IEEE WIE Affinity Group	1
51	29-01-2022	PROJECTUM: Idea Pitching Contest, IEEE SJCET Palai	2
52	20-12-2021	Traer Concepto (Ideathon), SJCET Palai	2
53	19-11-2021	Buffer 3R National Level CTC Challenge, Viswajyothi College of Engineering and Technology, Vazhakulam	1
54	22-12-2021	National Engineering Olympiad 5. O	1

2020-21			
List of Cultural programs in which students of the Institution participated			
Sl.No.	Date of event/activity	Name of the event/activity	No. of the students participated
1	05-10-2020	Drawing Competition, NSS, APJAKTU	1
2	09-10-2020	Letter Writing competition, NSS, St. Thomas College, Kozhencherry	1
3	24-10-2020 to 25-10-2020	Essay Writing, NSS Cell, APJAKTU	3
4	09-08-2020	Quiz Competition, Marian College, Kuttikanam	1
5	10-08-2020	Quiz Competition, Marian College, Kuttikanam	1
6	18-10-2020	State Level Energy Quiz, APJAKTU NSS Energy Cell	3
7	05-06-2021	Word Wizard, NISARGAH 2021, GISAT, Kottayam	1
8	27-09-2020	Online Quiz, English Club, Saingits College of Engineering, Kottayam	1
9	05-06-2021	Nature Quiz, Nature Club, SJCET Palai	2

10	01-08-2020	National online quiz, Marian College Kuttikanam	6
11	16-06-2021	Video Making Competition, IEEE, SJCT Palai	1
12	05-07-2021	Marketing Competition, IEDC, College of Engineering Kidangoor	1
13	20-06-2021	Blog Writing Competition, IEEE, SJCT Palai	2
14	30-05-2021	Content Writing Competition, IEEE, SJCT Palai	1
15	10-05-2021	Film your thoughts contest, IEEE Gayathri Vidya Parishad College of Engineering, Vishakapattanam	1
16	17-05-2021	MOCELET Quiz Competition, UKF College of Engineering	1
17	26-12-2020	Manifesto, IEEE, SJCT Palai	1
18	11-06-2021 to 13-06-2021	Critical Situation Management Competition, IEEE, Kerala Section	1
19	7-11-2021 to 14-11-2020	State Level Writing Competition, NSS, SJCT Palai	1
20	16-02-2020	Mock the Build, DIGNITO 2020, De-Paul Institute of Science and Technology, Angamaly	1
21	15-02-2021	Googler, Nakshatra 2020, Saingits College of Engineering, Kottayam	2
22	14-02-2021	Picomania, Nakshatra 2020, Saingits College of Engineering, Kottayam	4
23	15-02-2021 to 16-02-2021	Homolocum, Aagneya 2020, Govt Engineering College Barton Hill, Trivandrum	1
24	08-11-2020	Online Power Quiz 2020, KSEB Officers Association, Trivandrum	1
25	09-06-2021	Phantasia Poster Collage Making by IEEE SB Government Engineering College Idukki	1
26	5-06-2021 to 10-06-2021	Virtual Competition Photography- Environment Day, St. Joseph's Business School, Palai	1
27	5-06-2021 to 10-06-2021	E-Poster Design- SJCT Palai	1
28	29-05-2021	4th National Olympiad-NEO4	1
29	22-05-2021 to 30-05-2021	Solarise- The Management Quest, MBC CET Peermade	1
30	31-05-2021	Techvenger'21, MESCE Kuttipuram	1
31	14-06-2021	IPHOSTA (First look poster competition), College of Engineering, Perumon	1

32	14-12-2020	Type Racer, IEEE SB SJCET Palai	1
33	23-05-2021	ProFab 1.2, IEEE SB SJCET Palai	1
34	05-06-2021	Nature Quiz, Nature Club, SJCET Palai	1
35	05-06-2021	LogIQ, Tathva, NIT Calicut	1
36	02-11-2020	Essay Writing, IEEE SB SJCET Palai	1
37	21-05-2021	Blogify (May Edition), IEEE SB SJCET Palai	1
38	27-06-2021	EU Rocketry Poster Making competition, IEEE SB SJCET Palai	1
39	21-02-2021 to 28-02-2021	Quiz competition, IEEE, Amal Jyothi College of Engineering, Kanjirapally	1
40	05-05-2021	Group Discussion Competition "CONTRAVERTABLE", IEEE SB SJCET Palai	1
41	07-11-2020 to 15-11-2020	Suits- The Best Manager Contest, IEEE PIE Kerala Section	1
42	29-06-2021	INHALT, CONTENT WRITING COMPETITION, IEEE SB SJCET Palai	1
43	24-04-2021 to 25-02-2021	The Guinness World Record Event- Most users to take an online computer programming lesson in 24 hours	1
44	12-06-2021	TESORO, Viswajyothi College of Engineering and Technology, Vazhakulam	1
45	07-06-2021 to 12-06-2021	QuaRunTime 2.0, AmalJyothi College of Engineering, Kanjirapally	1

2019-20

List of sports programs in which students of the Institution participated

Sl.No.	Date of event/activity	Name of the event/activity	Number of students participated
1	12-10-2019	100 m Race [Women], Annual Athletic Meet 2019	3
		100m Race [Men], Annual Athletic Meet 2019	3
		200m Race [Men], Annual Athletic Meet 2019	3
		200m Race [Women], Annual Athletic Meet 2019	3
		400m Race [Men], Annual Athletic Meet 2019	3
		400m Race [Women], Annual Athletic Meet 2019	3

		800m Race [Men], Annual Athletic Meet 2019	3
		1500m Race [Men], Annual Athletic Meet 2019	3
		4 x 100m Relay [Women], Annual Athletic Meet 2019	12
		4 x 100m Relay [Men], Annual Athletic Meet 2019	16
		Discuss Throw [Men], Annual Athletic Meet 2019	8
		Discuss Throw [Women], Annual Athletic Meet 2019	11
		High Jump [Men], Annual Athletic Meet 2019	10
		High Jump [Women], Annual Athletic Meet 2019	7
		Long Jump [Men], Annual Athletic Meet 2019	21
		Long Jump [Women], Annual Athletic Meet 2019	11
		Javelin Throw [Men], Annual Athletic Meet 2019	24
		Javelin Throw [Women], Annual Athletic Meet 2019	9
		Shotput [Men], Annual Athletic Meet 2019	16
		Shotput [Women], Annual Athletic Meet 2019	13
2	04-02-2020	KTU Inter Zone Athletic Meet 2019-20	20
3	03-10-2019 to 05-10-2019	Football [Men],KTU C-ZONE Intercollegiate Tournament 2019-20	17
4	18-10-2019	Kabaddi [Women], KTU C-ZONE Intercollegiate Tournament 2019-20	12
5	01-10-2019	Basketball [Men], KTU C-ZONE Intercollegiate Tournament 2019-20	12
6	13-10-2019	Kabaddi [Men], KTU C-ZONE Intercollegiate Tournament 2019-20	12
7	03-10-2019	Volleyball [Women], KTU C-ZONE Intercollegiate Tournament 2019-20	12
8	14-10-2019	Badminton [Women], KTU C-ZONE Intercollegiate Tournament 2019-20	4
9	18-09-2019	Badminton [Men], KTU C-ZONE Intercollegiate Tournament 2019-20	7
10	12-11-2019 to 15-11-2019	Shooting, All India Inter University Tournament 2019-20	1

2019-20

List of cultural programs in which students of the Institution participated			
Sl.No.	Date of event/ activity	Name of the event/activity	Number of students participated
1	13-03-2020	Malayalam Solo (online contest)	28
		Hindi/Tamil Solo (online contest)	16
2	14-03-2020	Sychro Dance (online contest)	10
		Loop Dance (online contest)	7
		Spot Dub (online contest)	3
3	06-03-2020 to 07-03- 2020	Red Eye, Swastika 2020, MBCET Peermade	1
4	05-07-2020	Quiz Competition, NSS Unit, TKM College of Engineering, Kollam	4
5	21-03-2020	Quiz Competition, NSS Unit, TKM College of Engineering, Kollam	11
6	26-02-2020	Quiz Competition, NSS Unit, TKM College of Engineering, Kollam	2
7	22-03-2020	Quiz Competition, NSS Unit, TKM College of Engineering, Kollam	2
8	08-06-2020	Quiz Competition, NSS Unit, Vidya Academy of Science & Technology, Kilimanoor	3
9	31-05-2020	Quiz Competition, NSS Unit, Saintgits College of Engineering, Kottayam	2
10	31-05-2020	E-Quiz on Atmanirbhar Bharat, School of Entrepreneurship Skill, Jaipur	2
11	08-06-2020	E-Quiz on Atmanirbhar Bharat, School of Entrepreneurship Skill, Jaipur	1
12	01-06-2020	E-Quiz on Atmanirbhar Bharat, School of Entrepreneurship Skill, Jaipur	1
13	06-06-2020	E-Quiz on Atmanirbhar Bharat, School of Entrepreneurship Skill, Jaipur	1
14	11-06-2020	National level online quiz, SRNM College of Applied Science, Karnataka	1
15	June 5, 2020	Online Quiz, Muthoot Institute of Technology and Science, Ernakulam	2
16	Feb 1, 2020	Zonal Level Tech Quiz, Toc H Institute of Science and Technology, Arakunnam	3
17	Feb 14,2020	Quiz Competition, NSS Unit, TKM College of Engineering, Kollam	2

18	05-06-2020	Online Quiz, Nature Club, SJCT Palai	2
19	18-02-2020	Quiz Competition, NSS Unit, TKM College of Engineering, Kollam	2

2018-19			
List of sports programs in which students of the Institution participated			
Sl.No.	Date of event/activity	Name of the event/activity	No of the students participated
1	23-02-2019	4 x 100 m Relay [Men], Annual Athletic Meet 2019	16
		100m Race [Men], Annual Athletic Meet 2019	4
		100m Race [Women], Annual Athletic Meet 2019	3
		200m Race [Women], Annual Athletic Meet 2019	3
		200m Race [Men], Annual Athletic Meet 2019	3
		400m Race [Men], Annual Athletic Meet 2019	3
		800m Race [Men], Annual Athletic Meet 2019	3
		1500m Race [Men], Annual Athletic Meet 2019	4
		Javelin Throw [Men], Annual Athletic Meet 2019	20
		Javelin Throw [Women], Annual Athletic Meet 2019	9
		Shotput [Women], Annual Athletic Meet 2019	4
		Shotput [Men], Annual Athletic Meet 2019	16
		Discuss Throw [Women], Annual Athletic Meet 2019	6
		Discuss Throw [Men], Annual Athletic Meet 2019	12
		Long Jump [Women], Annual Athletic Meet 2019	5
		Long Jump [Men], Annual Athletic Meet 2019	27
		High Jump [Men], Annual Athletic Meet 2019	14
High Jump [Women], Annual Athletic Meet 2019	4		
2	10-10-2018	Chess (Men), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	Team Participation
		Chess (Women), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	Team Participation

3	12-10-2018	Table Tennis (Men), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	Team Participation
		Table Tennis (Women), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	Team Participation
4	13-10-2018	Badminton (Men), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	8
		Badminton (Women), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	Team Participation
5	20-10-2018	Basketball (Men), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	Team Participation
		Basketball (Women), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	Team Participation
6	29-09-2018	Volleyball (Men), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	8
		Volleyball (Women), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	Team Participation
7	23-10-2018 to 25-10-2018	Football (Men), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	16
8	11-10-2018	Cricket (Men), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	16
9	10-10-2018	Kabaddi (Men), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	12
10	22-10-2018	Shooting (Men), APJ Abdul Kalam Technological University C-Zone Inter Collegiate Tournament 2018-19	1
11	02-11-2018	Shotput -2nd prize, APJAKTU First Intercollegiate Athletics 2018-19	1
		Discuss Throw -1st Prize, APJAKTU First Intercollegiate Athletics 2018-19	1
12	03-11-2018	400m Hurdles-2nd prize, APJAKTU First Intercollegiate Athletics 2018-19	1

		800m Race - 2nd prize, APJAKTU First Intercollegiate Athletics 2018-19	1
13	04-11-2018	4 x 400 m Relay-2nd prize, APJAKTU First Intercollegiate Athletics 2018-19	4
14	16-08-2018	51st Kerala State Shooting Championship 2018-19 Rifle/Pistol	1
15	31-10-2018 to 05-11- 2018	Shooting, All India Inter University Championship 2018-19	1

2018-19

List of Cultural programs in which students of the Institution participated

Sl.No.	Date of event/activity	Name of the event/activity	No of the students participated
1	25-03-2019	Painting, Sargam 2019 Offstage events	8
		Extempore (English), Sargam 2019 Offstage events	5
2	26-03-2019	Cartooning, Sargam 2019 Offstage events	5
		Debate (English), Sargam 2019 Offstage events	7
3	27-03-2019	Pencil Drawing, Sargam 2019 Offstage events	9
		Debate (Malayalam), Sargam 2019 Offstage events	9
4	28-03-2019	Poetry (English), Sargam 2019 Offstage events	6
		Extempore (Malayalam), Sargam 2019 Offstage events	8
5	29-03-2019	Poetry (Malayalam), Sargam 2019 Offstage events	7
6	01-04-2019	Essay Writing (Malayalam), Sargam 2019 Offstage events	9
7	02-04-2019	Essay Writing (English), Sargam 2019 Offstage events	3
8	03-04-2019	Story Writing (Malayalam), Sargam 2019 Offstage events	8
9	04-04-2019	Story Writing (English), Sargam 2019 Offstage events	8
10	05-04-2019	Instrumental Solo-String, Sargam 2019 Onstage events	5
		Instrumental Solo-Percussion, Sargam 2019 Onstage events	3

		Instrumental Solo-Keyboard, Sargam 2019 Onstage events	3
		Light Music (Boys), Sargam 2019 Onstage events	7
		Light Music (Girls), Sargam 2019 Onstage events	7
		Solo-Malayalam (Boys), Sargam 2019 Onstage events	7
		Solo-Malayalam (Girls), Sargam 2019 Onstage events	7
		Synchronous Dance (Boys), Sargam 2019 Onstage events	8
		Synchronous Dance (Girls), Sargam 2019 Onstage events	9
		Thiruvatira, Sargam 2019 Onstage events	3
		Antakshari, Sargam 2019 Onstage events	3
11	06-04-2019	Classical Music, Sargam 2019 Onstage events	5
		Recitation (English), Sargam 2019 Onstage events	9
		Solo-Hindi/Tamil (Boys), Sargam 2019 Onstage events	5
		Solo-Hindi/Tamil (Girls), Sargam 2019 Onstage events	5
		Western Solo (Boys), Sargam 2019 Onstage events	6
		Western Solo (Girls), Sargam 2019 Onstage events	6
		Recitation (Malayalam), Sargam 2019 Onstage events	7
		Mimicry, Sargam 2019 Onstage events	5
		Classical Dance, Sargam 2019 Onstage events	4
		Monoact, Sargam 2019 Onstage events	5
		Group Song, Sargam 2019 Onstage events	24
		Mime, Sargam 2019 Onstage events	23
		Group Dance (Boys), Sargam 2019 Onstage events	24
		Group Dance (Girls), Sargam 2019 Onstage events	24
		Nostalgia (Boys), Sargam 2019 Onstage events	18
		Nostalgia (Girls), Sargam 2019 Onstage events	25
		Talent Show, Sargam 2019 Onstage events	17
12	03-04-2019	Swag Crew, Swastika '19-The National Level Techno-Cultural Fest, MBCET, Peermade	1

13	15-02-2019	Best Singer, Nakshatra 2019, The Annual National Level Techno Cultural Fest, Saingits College of Engineering, Kottayam	1
		Strings Unplugged, Nakshatra 2019, The Annual National Level Techno Cultural Fest, Sangits College of Engineering, Kottayam	1
		Overdrive, Nakshatra 2019, The Annual National Level Techno Cultural Fest, Sangits College of Engineering, Kottayam	1
		Beg Borrow Steal, Nakshatra 2019, Sangits College of Engineering, Kottayam	2
14	16-02-2019	Detonator, Nakshatra 2019, Sangits College of Engineering, Kottayam	1
		Dark Football, Nakshatra 2019, Sangits College of Engineering, Kottayam	1
		Peccadillo, Nakshatra 2019, Sangits College of Engineering, Kottayam	7
		Auto Quiz, Nakshatra 2019, Sangits College of Engineering, Kottayam	8
15	16-03-2019	Guns & Roses, Abhiyanthriki 2019, Rajagiri College of Engineering and Technology, Kochi	1
16	22-03-2019	Light Music, Ragam 2019, NIT Calicut	1
17	24-03-2019	Classical Music Solo, Ragam 2019, NIT Calicut	1
18	07-03-2019 to 09-03-2019	Layam, Brahma 2K19, Adi Shankara Institute of Engineering and Technology, Kalady	1
19	14-02-2019 to 16-02-2019	Choreo Night, Gurutwa, SNMIMT, Maliankara	4
20	14-02-2019 to 17-02-2019	Amps Out, Dyuthi XIX, Govt Engg College, Thrissur	2
21	04-04-2019	Savvengier Competition, Swastika '19, MBC CET, Peermade	1
22	07-03-2019	Melange, Brahma 2019, Adi Shankara Institute of Engineering and Technology, Kalady	3
23	08-03-2019 to 09-03-2019	Fusion Fight, Mesmera 2019, MES Institute of Technology and Management, Kollam	3
24	02-03-2019 to 08-03-2019	NSS Annual Special Camp, Govt of Kerala	1