



ST. JOSEPH'S

COLLEGE OF ENGINEERING
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- PALAI -

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Cycle 1 - NAAC Accreditation 2023

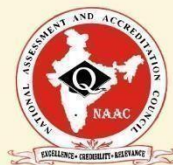
Criterion - 5

Student Support and Progression

5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following

1. Soft Skills
2. Language and Communication Skills
3. Life Skills (Yoga, physical fitness, health and hygiene)
4. ICT/Computing Skills

Submitted to:



National Assessment and Accreditation Council

Criterion - 5

Student Support and Progression

CONTENTS

[Life Skills \(Yoga, physical fitness, health and hygiene\)](#)

Life skills

Sl.No.	Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)
2022-23		
1	Grameenam mutholy phase IX	10-05-2023
2	Speech on the challenges of today's woman	08-03-2023
3	Swapnakoodu	13-02-2023 to 17-02-2023
4	Grameenam mutholy phase VII	28-01-2023
5	Orientation session- fire and safety	01-01-2023
6	Swapnakkudu	28-12-2022
7	Sparsham 22	26-12-2022 to 02-01-2023
8	Grameenam mutholy phase VI	28-11-2022
9	Karuthal 2.0 blood donation camp	26-11-2022
10	Grameenam mutholy phase V	16-11-2022
11	Grameenam mutholy phase IV	12-11-2022
12	Grameenam mutholy phase III	03-11-2022
13	Grameenam mutholy phase II	29-10-2022
14	Vegetable garden cleaning	26-10-2022 to 27-10-2022
15	Grameenam mutholy phase I	25-10-2022
16	Jeevitham 22- Medical emergency services	14-10-2022
17	Anti-Drug awareness class	13-10-2022
18	CEIBIC road show	27-07-2022
19	Karuthal 22 - Blood donation camp	08-07-2022
20	Yoga Practice session	18-06-2022

Sl.No.	Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)
21	World environment day	05-06-2022
2021-22		
22	Online interactive session- gender breaking barriers	08-03-2022
23	NRPF orientation session- better utilization of resource and our environment	02-02-2022
24	Life in minutes	25-01-2022
25	Mega blood donation camp	10-12-2021
26	AIDS day- Awareness program	01-12-2021
27	Webinar on life skills	02-10-2021
28	Session on Workplace electrical safety	06-07-2021
29	Freedom of speech	16-06-2021
2020-21		
30	Webinar on paper craft	16-05-2021
31	Webinar on Mental Health	5/15/2021
32	Santhwanam	26-04-2021
33	World earth day	22-04-2021
34	Mappathon	26-03-2021 to 31-03-2021
35	Big zero phase I and II	10-03-2021 to 22-03-2021
36	Manimala River Rejuvenation	06-12-2020 to 26-02-2021
37	Session on Social Impact on nature and its resources	24-02-2021
38	Webinar on Cancer Prevention and Healthy lifestyle	08-12-2020
39	Webinar- Role of Physics and Engineering in cancer management	07-11-2020
40	Meyrakhee state level competition	07-11-2020 to 14-11-2020

Sl.No.	Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)
41	Webinar on Pseudo scientific practices in civil engineering	08-08-2020
42	Lifeline - NSS Blood Bank	05-08-2020
43	Poster design competition	28-06-2020
44	Yoga day- Mindfulness in Yoga	21-06-2020
2019-20		
45	Croeso-Orientation program	03-02-2020
46	Gandhi Jayanti cleaning	02-02-2020