

St. Joseph's College of Engineering and Technology, Palai

Action Taken Report on Anti-ragging Week



1. Anti-ragging Awareness Session by Adv. Ravikumar on 11.08.2026





2. Anti-ragging awareness session by Dr. Pious Thomas on 11.08.2026



3. Mental Health Session by Dr. Sujith Babu, Kerala University on 13.08.2026



Mental Health in Academic Settings

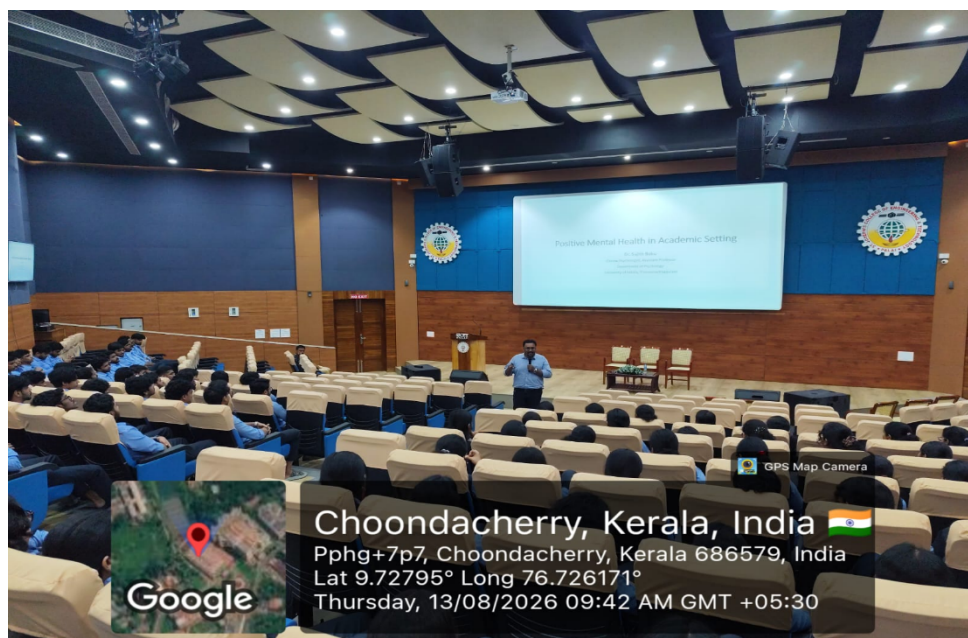
 **Dr. Sujith Babu**
Assistant Professor
Kerala University

St. Francis Seminar Hall
13/08/2026 (1.30 pm)

 SJCE'26 Student Affairs

 **ST. JOSEPH'S**
COLLEGE - KERALA
AND TECHNOLOGY
751001
AUTONOMOUS

 **NBA**
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4. Stress management session by Mr. Naveen Martin and Mr. Joel Jose on 14.08.2026



5. POSTER DESIGN COMPETITION in the anti-ragging awareness week



Anti-Ragging Awareness Activities

St. Joseph's College of Engineering and Technology, Palai, Choondacherry, Kottayam, has been effectively implementing various initiatives and measures to ensure a safe, inclusive, and ragging-free campus environment. The Institution provides counselling support, a mentor-mentee system, and various programmes aimed at promoting the mental well-being of students.

To reinforce the message, anti-ragging posters were displayed across the academic blocks, hostels, canteens, and library throughout the academic year, serving as constant reminders to students to uphold a ragging-free campus environment.

Anti-Ragging Awareness Week posters were also circulated through social media to create awareness among students about the consequences of ragging. The Institutional Anti-Ragging Committee and Anti-Ragging Squads were constituted and initiated all preventive measures. Periodic inspections are conducted by eight Anti-Ragging Squad teams in the canteens, cafeteria, academic blocks, hostels, and other common areas. Reports submitted by the squads are properly documented and reviewed by the Anti-Ragging Committee.

Awareness classes were conducted by the Heads of Departments of all programmes to sensitize students about their rights and responsibilities on campus. Senior students were strictly warned against engaging in ragging activities and were made aware of the serious consequences under the law and institutional rules.

As part of Anti-Ragging Awareness Week, expert sessions were also arranged for both junior and senior students. On 11.08.2026, an awareness talk was delivered by Adv. Ravikumar, Former AGP and PP, at St. Francis Seminar Hall for second-year students. On the same day, an awareness session was conducted for first-year students by Dr. Pious Thomas, Head, MBA, at Einstein Hall. Dr. Sujith Babu, Assistant Professor, University of Kerala, addressed the third-year students at St. Francis Seminar Hall on 13.08.2026 and elaborated on mental health in academic and college life. A session on stress management was conducted by Mr. Naveen Martin and Mr. Joel Jose on 14.08.2026 for first-year students at Einstein Hall to help them better manage the challenges of engineering life.

The Institution also conducted a Poster Design Competition as part of Anti-Ragging Awareness Week and awarded prizes to the winners. The themes

of the competition were “Ragging-Free Campus,” “Consequences of Ragging,” and “Anti-Ragging Awareness.” Sixty students participated in the competition.

The Institution is committed to upholding the highest standards of student safety and institutional accountability and assures its full cooperation in strengthening anti-ragging measures and promoting the mental well-being of students.

Convenor
Anti-Ragging Committee